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REGIONAL NEWS

A New Kind of Transactional Analysis Book for China

by Thomas Ohlsson

With the English title *TA for Everybody: An Effective Way to Improve Your Relationships*, a new book has now been published by China Renmin University Press in Beijing, China. The book is written jointly by Chinese psychology professor Yang Mei and Swedish transactional analysis teacher Thomas Ohlsson, the “I” of this article. It is an original Chinese book, written in Chinese, based on Chinese culture, using Chinese examples, and is intended as a psychological self-help book for “everybody” in China today. The book is entirely in Chinese, with the only English in the auxiliary title. The Chinese title literally translates as “The Study of Transactional Analysis.”

This book is the result of an ongoing cross-cultural cooperation that began in 2004 when Yang Mei first invited me to teach transactional analysis in Mainland China (previously reported in *The Script*). Subsequently, Yang Mei learned transactional analysis from my courses over 3 years (27 teaching days), which added to her own literature studies. She also worked hard to

improve her English-language skills. I learned new Chinese teaching methods from Yang Mei, which added to my experiences from teaching transactional analysis in Taiwan since 1987. I also improved my speaking and reading skills in Chinese through university studies. Sharing no common native language, we both struggled to find ways to communicate.

Much of the transactional analysis material in the book came from what I taught. But Yang Mei did almost all the writing, 10 out of 11 chapters. She wrote chapters on all major transactional analysis theory topics, with many practical examples from real life in China today. I wrote a chapter on cultural differences and psychological similarities. Everything Yang Mei wrote I read, in Chinese, slowly, with computer dictionary help. Whatever I



Yang Mei and Thomas Ohlsson doing a final check of the manuscript after lunch in a book restaurant in Beijing in August 2012.

wrote, in English, Yang Mei translated into Chinese. And then I reread it. All content was continually discussed between us, through email and at irregular meetings when I was teaching in Beijing. The writing process took almost 5 years to complete.

The result is a book that in itself is an example of what it wants to teach: That people can talk to each other, people can understand and reach each other across script gaps, personal as well as cultural. Yang Mei grew up during the Great Leap of the People's Republic of China



and the famine that followed, and she was a troubled teenager during Mao Zedong's Cultural Revolution. I grew up in the relative prosperity and safety of post-World War II Sweden, an intact and unharmed country of social democracy in an otherwise ruined Europe.

The chances must have been small, indeed, that we together would write a book to popularize the psychosocial ideas of a grandson to Jewish immigrants from Eastern Europe to North America, Eric Bernstein.

But it happened, and both of us became wiser in the process. We hope our Chinese readers will benefit from knowing about ego states, games, racket feelings, scripts, and the other ideas that obviously are relevant to living one's life. Yang Mei learned when young to trust the power of

healthy personal development in times of hardship, and my lifetime clinical experience as a psychotherapist tells me that growing and rededication is more real than a formal diagnostic designation of any kind.

Our book is a new kind of transactional analysis book in Chinese. A number of "Western" books have been translated, and a few books have been written originally in Chinese (particularly in Taiwan). But a book that is written by an experienced Chinese psychologist in cooperation with an experienced TA therapist and TA teacher is in itself something new. The focus may also be new in China: a transactional analysis book that can be picked up and read without previous knowledge of psychology or transactional analysis and that, by itself, may contain information enough to make life more rewarding and interesting. At least, that is our hope. ⑤

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the SCRIPT

Newsletter of the International Transactional Analysis Association

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TAJ News

The January 2013 issue of the *Transactional Analysis Journal*, our first with SAGE Publications, is moving forward. The transition has required a great deal of work, but we are nearly there and hope the January *Journal* will be in the mail and online sometime in June.

New TAJ Coeditor Sought: The *TAJ* coeditors are seeking a fourth coeditor to join the team following the resignation of Ann Heathcote. If you are interested in being considered for the position and would like to see a job description, please email your name, country, and a brief statement about your areas of interest/expertise and your experience in writing and/or editing to *TAJ* Managing Editor Robin Fryer at robinfryer@aol.com by 1 July.

TA Training Program Continues in China

The transactional analysis teaching program that Thomas Ohlsson de-signed with his colleagues Roland Johnsson and Annika Björk continues in China, presently in Beijing, Nan-jing, Shanghai, and Shen-zhen. Thomas recently returned from teaching a “TA 202-3” in Beijing organized by Chen Lei (English name Amy), who has also started the Chinese TA Association (www.chinata.org). This time the focus was on games, and they explored Chinese games in literature and real life. The participants role played games from the great Chinese novels *Travels to the West* and *Dreams of Red Chambers* as well as picking up typical games regarding personal connections (*guanxi*), hidden rules (*qianguize*), and raising children, especially the one-child policy. Some of the games fit well with the descriptions in *Games People Play* (Berne, 1964), which has been translated into Chinese. Some of the games called for new Chinese names. The participants and their teacher enjoyed the drama and had much food for reflection about the unnecessary unhappiness created by game playing. ⑤



entertains himself with his cousins. The banner in the background reads, “The Study of Transactional Analysis, TA 202-3 Training Session.”

Baoyu, the main person in China’s most beloved novel, *Dreams of Red Chambers*, turns to his grandmother, who is the undisputed head of the clan, to complain about his father’s harsh punishments (father standing to the left). Baoyu’s beautiful cousins eagerly listen in as he sets up “Let’s You and Him Fight.” In the next sequence, Grandmother severely scolds her son, Baoyu’s father, who is made to bow and apologize to her while Baoyu smugly

Two department heads assure each other what good friends they are. One of their assistants happily watches. Hidden behind the green table is their boss, who will soon call them in individually to tell them to increase their productivity and keep an eye on the head of the other department, who is probably stealing money from the company (with the hidden message: “Watch out: I know you are just as bad”). In the next scene, the two “friends” report on each other and fear runs high in the organization. This is the game of “Guanxi” (“I have better connections than you” or “Divide and rule”).



Summary of the April ITAA Board Teleconference

by Steff Oates

The ITAA Board of Trustees (BOT) met by teleconference for approximately 2 hours on 25 April 2013. We have finally mastered the technology for getting access to all regions, and everyone who called in or was called stayed connected for the entire time. Sadly, Karen Pratt and Mandy Lacy were unable to join us.

The minutes of the last meeting, which was a teleconference held in November 2012, were approved as a correct record, and all actions were completed. Decisions that received 100% vote by email since the last meeting include:

- Appointment of Vann Joines as Vice President Professional Standards
- Agreement to set up the International Board of Certification (IBOC)
- Agreement to dissolve the Training and Certification Council (T&CC)
- Agreement to stop providing a paper version of *The Script*

As of the date of the meeting, no nominations for the position of European trustee had been received. It was agreed that the nominations committee consist of chair Sumithra Sharatkuman and

the regional trustees and that they should be actively seeking nominations for the open position (keeping in mind that regional trustees can only be nominated by members for that region, in this case, Europe).

Trustee Bill Holloway reported that on the authority of the executive committee, he had been in touch with the ITAA lawyer, Deborah Lee, with regard to modifying our existing bylaws toward a simplified standard form. The BOT authorized Bill to consult further with Lee, which will involve a complete rewrite of the guidelines in addition to the bylaws.

Treasurer A. Geethan had sent around to the board a 2013 budget prior to the teleconference. During the call, some necessary adjustments were made with regard to income from SAGE and a change in income following the decision to no longer send out hard copies of *The Script*. John Heath proposed and Diane Salters seconded that the budget be approved with the inclusion of these changes.

It was also noted that the ITAA has received an anonymous donation of \$10,000 that was designated for website development. In addition, Bill Cornell requested that the profit from the sale of his *Explorations*



book, which he sold on behalf of the ITAA during his March 2013 workshops in New Zealand, be earmarked for website development.

Vice President of Operations Vladimir Goussakovski reported that arrangements are going well for the 2013 conference this August in Osaka, Japan. The committee for the 2014 World TA Conference in San Francisco is currently deciding on a venue. For 2015, a letter has been sent to the president of the Brazilian TA Association (UNAT) about the possibility of holding a conference in Latin America. In addition, a letter has been sent via EATA President Sabine Klingenberg about the possibility of a conference in Europe in 2015; Sabine reported that she has yet to hear back from her executive committee. For 2016, Vladimir reported that a letter of intent was received from Rhae Hooper on behalf of the Federation of Transactional Analysis Associations (FTAA) to locate the conference in Australia or New Zealand.

Vice President of Development Susan George reported that the contract with Giant Rabbit (GR) for website design and development was signed on 12 April, and a GR team has been assigned to work on the project. Ken Fogleman and Janet Chin attended a meeting with Mick Landaiche and the GR staff; they were very happy with the connection made with GR, which is giving priority to development of membership functions on the new site.

Secretary Steff Oates agreed to categorize incoming website inquiries in order to provide information to the website content committee and Giant Rabbit about the kind of questions that members and others are asking. ITAA Managing Editor Robin Fryer explained that Mick Landaiche has spent an enormous amount of time so far on the website project and development but that this level of commitment cannot be maintained indefinitely by a volunteer. The board expressed its support for the possibility of creating a paid position for a web manager but will need more information about the requirements for the job, including projected costs. This will be communicated to the website content committee by Steff Oates.

Mandisa Mbaligontsi, on behalf of the public relations committee, has sent a list of questions to the BOT about branding while Giant Rabbit has sent a similar questionnaire to members of the website content committee. It was agreed that Robin Fryer and/or Steff Oates would combine these and send out one questionnaire to the BOT for

Steff Oates is ITAA Secretary and can be reached at lcfan@me.com.

their feedback. Since we now have a reliable way to set up a good telephone connection between all countries currently involved in the ITAA BOT and committees, it might be possible to have a teleconference between the PR committee and the website content committee. Steff Oates agreed to research this between members of each committee with a doodle agenda.

Vice President of Research and Innovation Diane Salters led her first item with the sound of a champagne cork popping as she announced that the contract with SAGE Publications has been signed. There was an article in the May issue of *The Script* detailing some of the changes that will ensue; that article was also sent to national and regional organizations in the hope that they will make this important information available to their members.

Prior to the teleconference, President John Heath sent the trustees some extracts from the ITAA Forum because of his belief that the ITAA would not want to be associated with the views expressed and/or the manner of expressing them. In addition, the claims at the end of each posting that “[the Forum is] a group to expand the awareness and understanding of the various uses and theoretical approaches that exist under the banner of Transactional Analysis, done in a manner of intellectual enquiry and mutual support” and “A service of the International Transactional Analysis Association” are incorrect and need to be challenged. It was agreed that John Heath would write to the Forum moderators, Jon Wagner, Janice Dowson, and Maryam Tabrizi, with the following: The ITAA Board of Trustees formally requests that the Forum remove any reference to the

ITAA or that the Forum is a service of the ITAA. If this request is not responded to adequately, then John Heath will contact Yahoo directly.

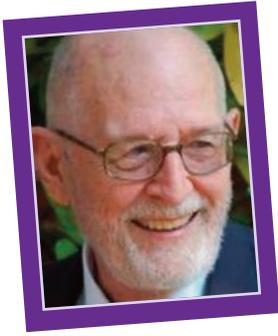
It was agreed that *The Script* editors develop a general policy about requests for translation of *Script* material into different languages.

Vice President of Professional Standards Vann Joines reported that the work to register the IBOC has been done. It will take about a week for this to be confirmed and then there will be the process of developing guidelines. The IBOC will be activated and then the T& CC will be dissolved. There will be an article in *The Script* detailing this important transition.

Latin American BOT representative Bill Holloway reported on two organizations in Latin America: ALAT and UNAT. UNAT is well organized, and their requirements for certification are more stringent than those of the ITAA. Until now, the ITAA has refused to recognize UNAT’s certification process and negotiations continue. Appreciation was expressed for the work Bill is doing in Latin America.

North American BOT representative Emily Keller reported that there is a USATAA conference in California this fall and that there is excitement about the 2014 World Conference in San Francisco. Although USATAA membership has decline somewhat, there is increased interest in the transactional analysis practitioner program.

India/Asia BOT representative Mohanraj I. A. reported that the ITAA had now received 30% profit from the conference in Chennai and suggested that congratulations were due to Susan George and her team for the excellent 2012 conference there. The BOT all agreed. 5



Bylaws: Plans for the Future

by Bill Holloway

The Bylaws of our organization are in need of updating. The lawful governance of the ITAA is set forth in two documents. First, the Articles of Incorporation must be in conformity with the California Corporations Code. The ITAA is registered in California as a public benefit nonprofit corporation and must follow the California Nonprofit Corporation Law. The second is that the Bylaws must be in conformity with the Articles of Incorporation and the California Nonprofit Corporation Law.

Over the years, there have been numerous amendments made to the Bylaws in an attempt to make the document congruent with the existing methods of administration and membership activities. Not surprisingly, many amendments have been made without careful regard for the requirements of the law and without careful consideration of potential internal conflict. Additionally, past amendments have not all been worded in a manner that makes clear how the membership and board of trustees (BOT) must act. Misinterpretations have occurred.

One notable example is that the purpose statement in the Bylaws is different from the purpose statement in the Articles of Incorporation.

There are numerous erroneous items of lesser importance, but it is often unclear just how the BOT, committee members, and contractual employees should carry out their responsibilities.

The purpose of bylaws is to establish the basic rules for orderly governance of an organization. In addition to the Articles of Incorporation and the Bylaws, there is also need for a manual of procedures, presently identified as the "Guidelines." Another challenge with our Bylaws is that content appropriate for the Guidelines has been included in the Bylaws. As a result, some procedures can only be modified as prescribed by the Bylaws: by vote of the members, which is both limiting and cumbersome. Eventually, our amended Bylaws will not contain procedural items, meaning that the Guidelines will be modified to be congruent with the revised Bylaws.

To correct these discrepancies, the bylaws committee has been charged with the responsibility to fix things. There is now a phased plan to accomplish what will be needed.

Presently, amendment of the Bylaws requires approval by a majority of the voting members of the ITAA. This is somewhat prob-

To correct these discrepancies, the bylaws committee has been charged with the responsibility to fix things. There is now a phased plan to accomplish what will be needed.

lematic because of a combination of factors. First, because of our widely dispersed membership, it has been increasingly difficult to assemble a quorum at the time of the annual general meeting. That results in reliance on mail-out ballots for which the return is quite low, suggesting that many members have little interest in investing time in matters that are not pertinent to their interests. The phased plan outlined in this article is intended to correct for these two challenges.

The California Corporations Code provides two methods by which the Bylaws can be amended: (1) by vote of the general membership or (2) by vote of the board of trustees. In the past, only the first method has been used. Even when the board is permitted to amend, there are certain actions that may only be taken by the membership. The phased plan would make certain that the legal rights of the membership under the Bylaws cannot be adversely affected by the BOT. This plan is being for-

mulated with the advice of our corporate counsel, Deborah Lee, a California attorney.

In the near future, a mail ballot will be sent to voting members to present the first-phase amendments, which will be to grant limited authority for bylaw amendment by the board of trustees. When that phase is approved by the voting

De Micheli to Continue on Board

Milly De Micheli has been nominated for the open position of European representative to the ITAA Board of Trustees. She has served in this position for the last 3 years and will now continue for another 3-year term (2014-2016). Since there were no other nominees, there will be no election. Milly will begin her new term at the end of the Annual General Membership meeting in Osaka this August. We thank Milly for her willingness to serve in this capacity.

membership, the board will be responsible for creating a new set of Bylaws that

1. Is simple to understand
2. Conforms with the Articles of Incorporation
3. Assures the protection of the rights of ITAA voting members

With regard to item 3, protection of the rights of voting members, the following language will be included:

- Any provision of the Bylaws providing for the designation or selection, rather than election, of any director or directors (i.e., trustees) may be adopted, amended, or repealed only by approval of the voting membership, subject to the consent of the person or persons entitled to designate or select any such directors. The board may not extend a director's term beyond that for which the director was elected.
- Without the approval of the voting members, the board of trustees cannot: adopt, amend, or repeal any bylaw that would increase or extend the terms of

trustees; allow any director to hold office by designation or selection rather than by election by the voting members; increase the quorum for membership meetings; repeal, restrict, create, expand, or otherwise change proxy rights; or authorize cumulative voting.

After the board's power to amend is approved by the voting members, but prior to action to amend by the board of trustees, proposed amendments will be published on the ITAA website, and each member will be encouraged to submit comment for the BOT to consider before final action.

With regard to the information in this article, any member wishing to comment or obtain more information may communicate with bylaws committee chair Bill Holloway at whhbrazil@gmail.com .

Bill Holloway is the Latin American representative to the ITAA Board of Trustees, chair of the bylaws committee, and a past president of the ITAA. He can be reached at whhbrazil@gmail.com .

ITAA Membership Meeting and Proxy Form

Members are urged to attend the 15 August 2013 membership meeting at 17:45-19:15 in Osaka, Japan. If you cannot attend, please fill out the proxy form below. The ITAA Bylaws state that the quorum for conducting business at the membership meeting is 50 voting members or 5% of the qualified voting membership, whichever is smaller. Please sign and send the form to the ITAA Secretary Steff Oates at lfan@me.com by 1 August 2013 or file it with her at least 30 minutes before the scheduled time of the meeting. This general proxy will only be used to establish a quorum.

Proxy Vote Form

I (please print) _____ herewith assign my proxy vote to the secretary of the ITAA or to (print name) _____ to be used only to establish a quorum at the membership meeting of the International Transactional Analysis Association, convening on 15 August at 17:45-19:15 in Osaka, Japan.

Signature: _____ Date: _____

Finding My Way to TA

by Tomoko Abe

When I first encountered transactional analysis, I was suffering and so ill I could not get out of bed let alone go to work. At the time, I had just returned to Japan from San Francisco, where I had been working as the general manager for a trading company that was a 100% subsidiary of Japanese Chemical Manufacture. It appeared to others that I was successful and had accomplished my assignments as general manager in an overseas office so well that I was promoted to the headquarters in Japan to continue my work.

However, for me, every day was miserable. I visited many clinics and tried different treatments but could not find the right ones for me. During this wretched period, one of my doctors asked if I was interesting in attending the workshop where I heard transactional analysis discussed for the first time in my life. Bingo! I felt my energy come back

to me. I recognized that I seemed to have created my own story about how a woman could not be successful in the Japanese business world, one that led me to both mental and physical disorders.

I still remember the first time I saw the ego state diagram. I was astonished, and I soon switched my focus from business turnover to human nature. I believe that was the moment Berne said “Hello” to me indirectly. His hello gave me the idea that everyone is OK, that we can change our destiny together, and everyone can think (Berne, 1964). I got these ideas not from articles or lectures but from the nature of physis (Berne, 1947) from the workshop. Later, I rephrased this experience as people have unlimited opportunities and abilities, which they might not even realize yet. This became one of my own philosophical underpinnings as a transactional analysis educator.

It took me a while to shift my time structure from business mode to academic mode. I began preparing to become certified by finding my supervisor, Val Garfield (now retired), in California and obtaining my CTA (education) with two other colleagues in 1997 in Massachusetts.

During the preparation for my CTA, I met thousands of people and



“I seemed to have created my own story about how a woman could not be successful in the Japanese business world, one that led me to both mental and physical disorders.”

introduced them to transactional analysis and conveyed Berne’s “Hello” to the groups. I still have contact with many of those to whom I taught TA in those early days, and his hello has been passed on through them to many people in Japan.

As many of you know, this year the ITAA International Conference will be in Osaka, and I am a part of the host committee. As cochair and general secretary, I have met many people and exchanged emails every day that begin with “Hello,” which to me has a special meaning besides being an ordinary ritual greeting. I am passing on the philosophy of transactional analysis together with my own philosophy.

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Tomoko Abe is a Provisional Teaching and Supervising Transactional Analyst (education) and president of the TA Educational Institute. She is also the creator of TA Happy Cards, the author of several books, and a member of an educational TA network (see www.educational-ta.net/index.html). She can be reached at abetomo@ta-education.jp.

Appreciation to Long-Time Members

Below are the names of those individuals who are long-time ITAA members, some of them for more than 40 years. I thank them on behalf of us all for their dedication and loyalty to our global transactional analysis community. The ITAA is a direct membership organization, and we can only move forward on the basis of the continued participation and active involvement of our members. It is particularly important for us to acknowledge and honor the people who stay with us. As long-term supporters, these people have enabled our organization to continue its mission. I look forward to sharing the ITAA's development with them for many years to come.

John Heath, ITAA President

40 Years or More

James Allen	1/1/1968
Maudine Blair	10/1/1968
Leonard Campos	1/1/1968
William Cornell	1/1/1972
George Deabill	4/1/1972
Alexander Durtka	1/1/1972
John Dusay	4/1/1967
Fanita English	1/1/1968
Benjamin Hammett	1/1/1972
Claudette Hastie-Beahrs	7/1/1972
William Holloway	8/1/1971
Muriel James	10/1/1964
Norman James	11/1/1969
H. D. Johns	1/1/1967
Vann Joines	7/1/1972
Stephen Karpman	1/1/1967
George Kohlrieser	7/1/1971
Valerie Lankford	4/1/1971
Pamela Levin	1/1/1968
Anne Love	7/1/1972
John McNeel	7/1/1965
Kenneth Mellor	10/1/1970
Nancy Porter-Steele	7/1/1972
Lewis Quinby	1/1/1970
Thomas Quinn	7/1/1972
Carol Solomon	1/1/1971
Curtis Steele	7/1/1972
Claude Steiner	1/1/1967
Ken Taber	7/1/1972
Rebecca Trautmann	4/1/1972
Abe Wagner	10/1/1972
Marian Weisberg	4/1/1970
Jonathan Weiss	1/1/1968
Laurie Weiss	1/1/1972

30-39 Years

Lasse Ähnby
Inger Acking
Patricia Allen
Sister Lydia Allen
Bob Avary
Annika Björk
Dieter Bade
Ellyn Bader
Maria Barreca
Brenda Bary
John Beahrs
Jack Bender
Gladys Bennet
Susanna Bianchini
Christopher Boyd
Robert Buchicchio
Gale Burford
Richard Carter
Pinuccia Casalegno
Giorgio Cristiano
Cavallero
Valerie Chang
Jean Illsley Clarke
Richard Clarke
Alberto Close

Rena Conley
Stephen Cosgrove
Isabelle Crespelle
Judy Culp
Charlotte Daellenbach
Karen Davis
Concepción De Diego-Morales
Carla De Nitto
Janice Dowson
Pearl Drego
Claude-Marie Dupin
Sharon Durtka
Richard Erskine
Joanna Fikkert-Mitchell
Margery Friedlander
Felipe Garcia
Rene Garvin
Maria Gilbert
Ian Gilmore
Jewell Golden
Jan Grant
Elena Guarrella
Ann Hallock
Julie Hay

Gordon Hewitt
Jenni Hine
Arthur Hohmuth
Charles Holland
John Houck
Columba Howard
Susana Ifland
George Imperato
Peter Ingerman
Güdrun Jecht-Hennig
Wade Junek
Taibi Kahler
Lucie King
Anne Kohlhaas-Reith
Rosa Krausz
William Krieger
Ole Kyed
Lisa Ladd-Kidder
Charles Leach
Adrienne Lee
Helene Lemieux
Susanna Ligabue
Vern Masse

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Finding My Way

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This summer in Osaka there will be over 500 participants at the conference, and we will be saying "Hello" to people from around the world. I hope that those exchanges will lead to a new story for each person and be a further step for transactional analysis in this part of the world. Please join me and all of us in Osaka!

References

- Berne, E. (1947). *The mind in action*. New York, NY: Simon & Schuster.
- Berne, E. (1964). *What do you say after you say hello?: The psychology of human destiny*. New York, NY: Grove Press.
- We'd like to hear the story about how Eric Berne said "Hello" to you. Please send your reflections of 1000 words and a photo to column editor Pam Levin at perfectbones@pacific.net with a cc to managing editor Robin Fryer at robinfryer@aol.com.* 5

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 Rickie Moore
 Yoshitaka Moronaga
 Carolyn Murray
 Paola Nadas
 Gloria Noriega
 Michele Novellino
 Thomas Ohlsson
 Georg Pelz
 Paul Pichoir
 Werner Platz
 Hassan Qassemzadeh
 Ray Quiett
 Sally Robinson
 Suzanne Robinson
 William Rosenthal
 Vanda Rounsefell
 Marguerite Salley
 Brenda Schaeffer
 Arnold Schaper
 Almut Schmale-Riedel
 Bernd Schmid
 Allan Schwartz
 Sheryn Scott
 Sharon Shallow
 Christine Shearman
 Evan Sherrard
 Sachiko Shisrai
 Diana Shmukler
 Paul Shoup
 Lise Small
 Nadyezhda Ivanovna Spassenko
 Regina Stalba C. Balau
 Richard Stapleton
 Ian Stewart
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 Oddmund Teigen
 Valentina Terlato
 Maria Teresa Tosi
 Eduardo Tremouilles
 Stanley Tsigounis
 Harry Tyrangiel
 Emigdio A. Villarreal
 Rebecca Warren
 Mary Westphal
 Tony White
 Susan Young
 Edward Zerín

20-29 Years

James Agar
 Agnès Le Guernic

Fusun Akkoyun
 David Allman
 Alice Altink
 Hilde Anderegg Somaini
 Alison Ayres
 Elisabetta Baldo
 Jim Batson
 Joanna Beazley Richards
 Amnaj Boonsirivibul
 Suzanne Boyd
 Kenneth Brown
 Natalija Cakic
 Carmen Cameron
 Barbara Capello
 Luis Casado
 Sashi Chandran
 Jeanette Coleman
 Jesus Cuadra Perez
 Anne De Graaf
 Ulrich Elbing
 Charles English
 Antonio Ferrara
 Lucy Freedman
 Massimo Gaudieri
 Vince Gilpin
 Terzi Giovanni
 Joaquin Granados-Rossi
 John Heath
 Lis Heath
 Ann Heathcote
 Birgitta Heiller
 Torsten Hemlin
 Valerie Heppel
 Rhae Hooper
 Jill Hunt
 Koichi Ishizaki
 John John
 Suzanne Johnson
 Hans Joss
 Mirjana Jovanovic
 Sharon Kalinko
 Joachim Karnath
 Judith Kime
 Sissel Knibe
 Naoko Konakayama
 Jutta Kreyenberg
 Geraldine Lakeland
 Norma Lawler
 Malisa Lazic
 Elana Leigh
 Jessica Leong
 Monica Levi
 Ray Little
 Antonella Liverano
 Marsha Lomond

Calvin Macomber
 Dianne Maki-Sethi
 Jose Manuel Martinez
 Rodriguez
 Sharon Massey
 Marco Mazzetti
 Marie McCrea
 Cinzia Messana
 Zoran Milivojevic
 Dottie Miller
 Shirley Mirka
 John Monk-Steel
 Alastair Moodie
 Joan Moore
 Judith Morris
 Jan Morrison
 Anita Mountain
 William Mulcair
 Peter Nagel
 Rosemary Napper
 David Neustein
 Trudi Newton
 Toshiki Nishizawa
 Giacomo Nocera
 Kazuko Noma
 Franz Nuschei
 Steff Oates
 Hartmut Oberdieck
 Janet O'Connor
 Saru P. K.
 Tom Payton
 Donna Marie Perry
 Pietro Petriglieri
 Gwyneth Phelps
 Pier Luigi Pisano
 Dolores Munari Poda
 Sharon Rain
 Serge Rainville
 Adelaide Ranci
 Valerie Redman
 Fatma Torun Reid
 Ned Roberts
 Eva Sylvie Rossi
 Anna Rotondo
 Rodolfo Sabbadini
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TA Conferences

4-6 July 2013:
 Oslo, Norway.
 European Association for Transactional Analysis Conference.
 Contact: www.taoslo.com/

14-17 August 2013:
 Osaka, Japan.
 International ITAA Conference.
 Contact:
<http://2013itaa.com>

3-5 October 2013:
 Long Beach, California,
 USA. USATAA Conference.
 Contact:
www.usataaconference.org/



2013 ITAA International Conference in OSAKA

“Recovery, Rebirth, New Beginnings”

15-17 August ♦ Osaka, Japan

Osaka International Convention Center

Preconference Institute (TA 101) 13-14 August

Postconference Institutes 18 August

Conference website: <http://2013itaa.com>

Conference Registration Reaches Capacity: Only a Few Spaces Left!

Registration for the 2013 ITAA Conference in Osaka has now topped 500 participants, even before the first early-bird deadline! In addition, all preconference and post-conference institutes are also fully booked. As a result, the conference website now indicates that registration is closed. However, participants from overseas may still register to attend by contacting Nippon Travel Agency Co., Ltd., West Japan MICE Sales Division Osaka Ekimae No.4 Bldg. 5F, 1-11-4 Umeda, Kita-ku, Osaka 530-0001, Japan. E-mail: mice_gakkai@nta.co.jp; fax +81-6-6342-0232; tel: +81-6-6342-0230. The persons in charge are Ms. Ayako Nagai and Mr. Tomoyuki Ikeda.

KEYNOTE SPEECHES



“Here We Go Round the Mulberry Bush: Illusion, Despair, and Hope. The Myth of Newness” with Elana Leigh

The desire to leave the past behind and create something new often carries with it a belief that something of the old was not OK and is accompanied by complex feelings of discomfort. The hope for newness is a wish for an opportunity to begin again, to wipe the slate clean, always hoping that this time it will be different. However, I wonder if newness exists at all and what the world would be like without this concept that appears to grip humanity in ways that often lead to behavior that is not necessarily life enhancing but destructive. If well-being is about inhabiting a consistent narrative, then surely

our task is to find ways to integrate old and new, past and present, to adopt an evolutionary approach to our way of thinking and being. This requires reflection and integration of the past and differs from a revolutionary position, which assumes the pursuit of the new as distinct from the old. We do have choice, and our freedom to choose carries responsibilities. I believe that the uncomfortable feeling states associated with the old require tolerance, compassion, and understanding so that we can carry the old with us into the future.



“New Beginnings, New Stories: Restoring Our World, (Re)Building Our Future” with Trudi Newton

We are all storytellers, creating our own personal, family, and social narratives to find our way in life. Every story, our own and others', teaches us something, and learning is an intrinsic part of being human. It is also how we change our own stories and open up the possibility of change for others. Berne suggested that there are four elements to script formation: positive and negative messages from our environment, fate, and physis (which includes aspiration, resilience, and overcoming). When fate intervenes, dramatically or more subtly, we can use physis to enhance positive, healthy beliefs and harness positive influences to enhance physis and increase resilience. How do we use transactional analysis to promote real learning and aid recovery, to choose or change our stories, thus helping ourselves, our colleagues, clients, families, professions, and nations to create vital and significant stories for building the future?