

IN THIS ISSUE

4th ITAA-EATA Webinar
3

IBOC Update on Exams
and TEW
3

Social Engagement
Committee Webinar
4

January TAJ Now
Available Online
5

TA in Spain:
The Journey to Exist
6

TA With Toys
8

Results of ITAA Board
Nominations
10

Access Emails From
Routledge
12

ITAA and EATA Cooperation Continues With Shared Newsletters and Another Webinar



Elana Leigh



Peter Rudolph

by *Elana Leigh and Peter Rudolph*

We, your two presidents, continue to enjoy our growing cooperation and see this as vital to the ongoing development of an international world-wide transactional analysis community.

This month we once again share our newsletters with our respective memberships, the second such effort.

Additionally, we have another joint ITAA-EATA webinar planned for 12 February 2021 from 18:00–20:00 GMT. During this online gathering of members from around the world, we will consider issues of belonging and power in our TA community.

Being part of any community requires a willingness in us all to explore the complex and sometimes difficult issues of how we include and exclude others, which is often based on unconscious unprocessed sibling rivalry dynamics. We all enter the world belonging to a group, and this becomes the template that we so often reenact without even being aware of it.

During the webinar, we hope to reflect on questions such as these:

- Which cultural groups do we align with the most and which ones do we not?
- What do you think informs and underpins these choices?
- How does your relationship to power reflect your position in your family?
- How do you play this out on micro and macro levels?

- How does this inform your choices about who you include and exclude in your chosen “bubble”?
- What are the consequences of our practice about “we and the others” on a macro level?
- What are the tasks and challenges that we need to pick up on at organizational and political levels?

An email has gone out to all ITAA and EATA members giving details on how to register for this event. We hope you will join us (see page 3).

We look forward to meeting many of you there and wish all of us a year in which we have the courage and tenacity to face everything that lies ahead and to stay connected in these challenging times. 📞

ITAA President Elana Leigh can be reached at elanaleigh23@gmail.com ; EATA President Peter Rudolph can be reached at president@eatanews.org .

the SCRIPT

Newsletter of the International Transactional Analysis Association
ITAA, 1901 Olympic Blvd., Suite 200,
Walnut Creek, CA 94596, USA
email: info@itaaworld.org
website: www.itaaworld.org

Editor: Laurie Hawkes

Managing Editor: Robin Fryer

Desktop Publishing: lockwood design

Send all copy to: robinfryer@aol.com

Deadlines—15th of the month prior to the month of publication (e.g., 15 February for the March issue)

Advertising: Twelfth page: \$50; sixth page: \$100; third page: \$200; half page: \$300; full page: \$400.

Publication of articles and advertising in *The Script* does not imply endorsement by the newsletter, the editors, or the ITAA.

The Script (ISSN 0164-7393) is published monthly by the International Transactional Analysis Association. For information on membership, visit www.itaaworld.org or contact the ITAA at the above address. © 2021 International Transactional Analysis Association, Inc.

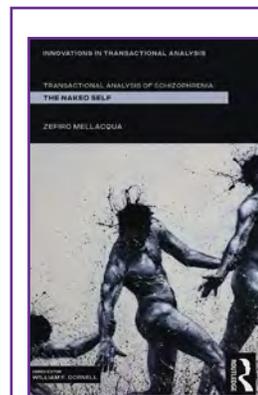
Online Videos With Authors of Innovations in Transactional Analysis Series Books

We are pleased at how well the live online interviews are going with the authors of the books in the Innovations in Transactional Analysis series edited by Bill Cornell and published by Routledge/Taylor & Francis. John Wilson from online events is generously hosting the interviews.

The first was in December when Mark Head interviewed James Sedgwick about his book *Contextual Transactional Analysis: The Inseparability of Self and World*. The second was in January, with series editor Bill Cornell introducing interviewer Gianpiero Petriglieri and author Zefiro Mellacqua about the latter's book *Transactional Analysis of Schizophrenia: The Naked Self*. These interviews can now be found online [here](#) .

The third will be on Tuesday 9 February with Tess Elliott interviewing Mick Landaiche about his book *Groups in Transactional Analysis, Object Relations, and Family Systems: Studying Ourselves in Collective Life*. To register for this event [visit this website](#) .

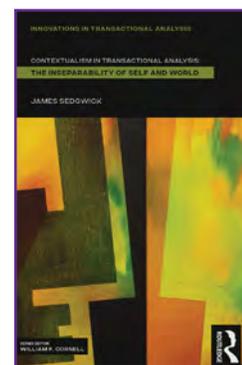
The interviews are conducted using a Zoom video link that will be streamed to a live video page. Participants are able to see and hear the conversation as it is happening and to use the chat room to offer comments and questions. All of the events are available to view live without charge. (There is a fee to join the site and view online videos later.) 📞



[Transactional Analysis of Schizophrenia: The Naked Self](#)



[Groups in Transactional Analysis, Object Relations, and Family Systems: Studying Ourselves in Collective Life](#)



[Contextual Transactional Analysis: The Inseparability of Self and World](#)

TA Conferences

27 February 2021:

Transactional Analysis Cumbrian Conference (online only).

Contact: <https://tacumbria.co.uk/>

Update from the IBOC

This short missive is to let you know what is happening in the International Board of Certification (IBOC).

As we write this, we are preparing for the online CTA exams at the end of January. There are 17 candidates and examiners from across the globe working over a 12-hour time difference. We ran two 2-hour workshops attended by 50 examiners to prepare for examining online. We also ran a similar workshop for candidates so they could think about this different platform on which they will be presenting themselves and their work. These are in addition to the usual preexam briefing meetings.

The March CTA candidate list is now closed. We sent out the call for examiners and were amazed at the fast response. We have closed the list and are delighted to again have a spread of examiners across the world. We are aware that many of you want the opportunity to exam-

ine, and the next CTA exams will be in September. EATA will be calling for examiners for their exams, so check their website if you are looking to be involved further in examining.

The deadline to apply for the September CTA exams is 9 June 2021.

An addendum to Section 9 of the *Handbook* has been added to account for the online exam experience. Please refer to this when preparing (or helping others prepare) to be involved in these exams.

The TEW deadline for candidates is 1 February. We are certain this workshop will go ahead in October and are planning it with the help of Trudi Newton, who will be leading the TEW.

The deadline to apply for the September TSTA exams is 9 March 2021.

Jacqueline van Gent and
Sue Eusden, IBOC Cochairs



Next ITAA-EATA Webinar

We are delighted that the ITAA/EATA webinar planned for Friday 12 February became fully booked soon after it was advertised. This is wonderful news, although we are aware that some people are disappointed that they have been unable to book because the webinar filled so fast. We regret that and are constantly evaluating how to make these webinars available to more in the worldwide TA community.

In these extremely busy times, we recognize that some people book for these events with the full intention of making it and then find nearer to the time that they actually cannot participate. If you already booked to attend but find that you will not be able to make it, please cancel your booking either by going onto Eventbrite and canceling or by emailing Leilani Mitchell at leilani@thelinkcentre.co.uk. That may make it possible for someone else to participate by registering through [this online link](#).



ONLINE TA WEBINARS at THE LINK CENTRE

NOW TRANSLATED INTO ITALIAN, CROATIAN, & HINDI LIVE

The Link Centre is running 2-hour online, by-donation workshops every Tuesday from 6pm-8pm GMT.

We set up these accessible webinars as a way to support the community during the pandemic.

They have been extremely popular, and thousands of people around the world have attended.

We are thrilled to open these up to even more people by offering simultaneous translation into various languages. We are starting with Italian, Croatian, and Hindi, but others will be available very soon.

To see what's coming up, go to Online TA Events at www.thelinkcentre.co.uk or email Leilani Mitchell at leilani@thelinkcentre.co.uk to be added to our mailing list.

You can also find us on Twitter (@thelinkcentreuk), Facebook (@TheLinkCentre), and Instagram (@TheLinkCentre).

Join Us for Our March Webinar

The level of interest in the ITAA Social Engagement Committee webinar last year on the subject of “Black Lives Matter” led us to believe that members are keen to engage with each other on important social issues. This is hardly surprising given TA’s roots as a social psychology, which challenged the prevailing attitudes of the times in many ways. This remains an important element of our organizational culture.

Our second webinar will take place on Monday, 1 March 2021 from 9-11 GMT (UTC). An email will be sent to all ITAA members with information about how to sign up for it.

The theme will be: Being the change we wish to see, upholding our ethical values in the context of increasingly polarized global perspectives, and doing so from an “I’m OK, You’re OK, We’re OK, They’re OK” position (Namaste and Ubuntu).

We chose this theme because hyperpolarized views seem to be widespread in many countries right now. They are showing up in many forms about many issues, and the risk is of increasingly hostile camps emerging. Our objective in the webinar will be not engaging about specific areas where this is evident (climate change, race, COVID-19, etc.) but

Bridges need to be built and healing needs to take place. This is not accommodation at the expense of the humanitarian ethics that underpin our TA philosophy. The challenge that faces us is how to hold firm to our belief in an open, inclusive, and respectful society while not shutting down views that differ from ours.

to consider the problem of hyperpolarization itself. Why is it happening and how can we most usefully address it?

Bridges need to be built and healing needs to take place. This is not accommodation at the expense of the humanitarian ethics that underpin our TA philosophy. The challenge that faces us is how to hold firm to our belief in an open, inclusive, and respectful society while not shutting down views that differ from ours.

As transactional analysts, we have valuable insights and skills that we can bring to bear on this problem—to the benefit of our clients, our organizations, and our communities. We also need to be open to our own learning.

- What are these insights and skills?

- What challenges do we face in engaging in this social arena of hyperpolarized views?
- What resources do we have or can we draw on to encourage our own capacity to be changed by the experience?

These are the kinds of questions you will have the opportunity to address with other members of the ITAA from around the world. Social engagement committee members will help to facilitate this process and, where relevant, answer questions or respond to comments.

As with our last webinar, numbers will be limited to ensure good dialogue. We are also conscious that the time zone chosen will be difficult for some of our members, and we are sorry about that. We decided to settle for accommodating the majority. However, we will, if participants are agreeable, record part of the process and make it available to those unable to attend on the day.

We look forward to connecting with you.

*Chitra Ravi, Diane Salters (Chair),
Günther Mohr, Salma Siddique,
Sashi Chandran, Victoria Baskerville,
and Wataru Suematsu*



“Normativity, Marginality, and Deviance” January TAJ Is Online!

We are happy to say that the January 2021 issue of the *Transactional Analysis Journal* is now out. It is a theme issue on topics of great interest to readers from all four fields in articles related to “Normativity, Marginality, and Deviance.”

In their Letter From the Coeditors, Diana Deaconu and Helen Rowland write, “In proposing this theme issue, we hoped to initiate a wide range of critiques, reflections, and discussions. Our call for papers was deliberately broad in its scope, and we anticipated that we might receive submissions that would intersect traditional epistemological divides as we invited people into the realms of philosophy, sociology, and politics alongside our fields of practice.

“What we were not prepared for was the emotional impact of the papers that we received. The theme has aroused the hearts and souls of the authors, who write for this issue with passion and deep personal investment. With both academic diligence and a sensibility of constructive criticality, we hear personal voices speaking eloquently to the experiences of marginalization and the oppressive function of narrow and conservative concepts of normal.

“Finding editorial freedom among these states of mind has been the challenge we encountered when carrying out the work for this theme issue. Making space for a multiplicity of voices, professional experiences, and styles of writing has been the aspiration that guided us throughout the complex process. What emerged along the way was a series of questions that we asked ourselves, including: How do we speak about normality, marginality, and deviance in TA language, and how do we discriminate between these terms? How do we, as transactional analysts, contribute (or not) to forming and perpetuating a culture with a particular view of normality? What are the tools we use when navigating among various social, professional, and/or cultural backgrounds, and how do we put these differences to the service of making robust theoretical contributions to TA theory and practice? The result of these ongoing reflections was the selection of the articles that we invite you to explore in this journal.”

Here are the articles, starting with the 2020 EBMA Acceptance Speech:

“Reflections on Cocreative Transactional Analysis: Acceptance Speech for the 2020 Eric Berne Memorial

Award” by Graeme Summers and Keith Tudor

“Gender Identity, Queer Theory, and Working With the Sociopolitical in Counseling and Psychotherapy: Why There Is No Such Thing As Neutral” by Helen Rowland and William F. Cornell

“Relative Privilege and the Seduction of Normativity” by Karen Minikin

“Core Self, Sense of Self, and Whole Self: The Potential for Harm in Using Personality Disorder Diagnoses” by Beren Aldridge

“What If My ‘I’m OK, You’re OK’ Is Different From Yours? Could the Inherent Optimism in Transactional Analysis Be a Form of Compulsory Ableism?” by Steff Oates

“Alienated in Community: A Personal History of Homophobia and Conversion Therapy” by Andy Williams

“Normativity, Marginality, and Deviance in a Psychiatric Placement: A Parallel Process” by Anoushka Beazley 



Transactional Analysis in Spain: The Journey to Exist

by José M. Martínez Rodríguez

I am pleased to inform the TA community that on 23 November 2020, the Ministry of Health and the Ministry of Science and Innovation in Spain sent a jointly signed letter informing us that, having reviewed and valued the information recently provided by our Asociación de Profesionales de Psicología Humanista y Análisis Transaccional (APPHAT) dated 27 September 2020, they are modifying the list of pseudotherapies in which transactional analysis had been included since 2019. This inclusion occurred because they found no publications in the scientific literature (randomized clinical trials or meta-analyses) published in Pubmed during the period 2012-2018 that guaranteed the clinical effectiveness and safety of transactional analysis. The Spanish government had been developing actions since 2018 in the context of a “Plan for the Protection of Health from Pseudotherapies” by which they tried to protect the population from the undesirable effects of healing procedures that do not have a safety and efficacy assessment.

In the final months of 2018 and early 2019, the government commissioned epidemiologists from the

APPHAT Research Team Members



José M.
Martínez Rodríguez



Sabina
Mateo León



Verónica
Aguado Rodríguez

Carlos III Institute and the Health Technology Assessment Agencies of Spain to make a judgment about the “scientificity” of a multitude of therapeutic techniques and methods. In February 2019, the government published a progress report on the results obtained by the evaluation agencies. The result was that transactional analysis was classified as a “pseudotherapy” alongside methods such as Atlantis angels, harmonics, arolo tifar, ataraxia, aura soma, biocybernetics, breema, energy surgery, transformational coaching, systematic constellations, quartz crystals,

chromopus, quartz bowls, Tibetan bowls, diafreotherapy, geochromotherapy, geotherapy, graphotherapy, colon hydrotherapy, Ericksonian hypnosis, homeosynthesis, iridology, lama-fera, babandi massage, Californian massage, chakra energy massage, metamorphic massage, Tibetan massage, anthroposophical medicine, and so on.

This list was systematically disseminated by the media (television, newspapers, magazines, weeklies, the government website, internet, etc.) with messages in different formats that communicated many prej-

udices, seriously violating the rights of patients and professionals. These notifications generated doubts in the former and discounted the training and professional experiences of the latter, damage that can hardly be repaired even if the relevant claims succeeded in the courts.

The unusual thing is that the government apparently wanted to “protect” the people from the adverse or even deleterious effects of these pseudotherapies but without a demand for such protection or concerns about these methods. In fact, the government sought to exclude these methods from public and private practice based on a few recent cases of patients who were harmed. Another unusual aspect was that, instead of limiting its action to the methods that had documented negative effects, the government extended the evaluation to a large range of methods and techniques, including psychotherapies such as transactional analysis, integrative psychotherapy, gestalt, bioenergetics, and so on.

The government’s plan, which initially aimed to provide information to the public, in a second phase reached the point of prohibiting the training of professionals in the named techniques in public and private institutions and eradicating their study in university plans. There is the risk in such an effort of systematic instruction of the general population by the state that outdoes the functions currently attributable to a democratic state. It can limit the public’s free-

José M. Martínez Rodríguez, President of the Asociación de Profesionales de Psicología Humanista y Análisis Transaccional (APPHAT), can be reached at inst.atpi@gmail.com.

We also set up an APPHAT research team to search for studies of effectiveness, and sent a new report to the government.

After analyzing the report and the new studies, transactional analysis was added to the list of potentially valuable techniques.

dom of choice, limit students’ professional training options, and increase ideologies in university curricula. The task to be carried out by health technology evaluation agencies was also unusual in this case, because psychotherapy has unique characteristics that require specialization and prior knowledge that allows the calibration of its effectiveness and efficiency.

In light of these developments, our national TA association, APPHAT, implemented several claims in front of the government and presented 110 controlled studies about the effectiveness of transactional analysis, of which 33 had a study design that was close to randomized controlled trials. However, they were not admitted because they were considered quasiexperimental studies.

In February 2020 we asked for help from the Spanish ombudsman and requested information, support, and suggestions from several Spanish European parliamentarians from the European Union Health Commission about European community standards that could protect our rights. We also sent information to the 17 health departments of the Comunidades Autónomas in Spain and asked them for claim and support in front of the National Health Department. We also asked for help from the European Association for Transactional Analysis (EATA), the International Transactional Analysis Association

(ITAA), and the European Association for Psychotherapy (EAP). All three sent support letters that we presented as a part of our report.

We also set up an APPHAT research team to search for studies of effectiveness, and in September 2020 we sent a new report to the government. We were then told that, after analyzing the report and the new studies sent by APPHAT, transactional analysis would be added to the list of potentially valuable techniques for which both ministries have established a progressive evaluation process according to a methodological framework and a procedure established within the Spanish Network of Health Technology Agencies.

It appears that this evaluation will take into account the participation of the actors concerned both in the initial process of the evaluation process (in the development of the protocol defining the approach and scope of the evaluation) as well as after the evaluation has been carried out. Before completion, they will seek opinions and obtain additional information from these agents of interest through organizations or associations as well as representatives of other health organizations (scientific societies, professional colleges, etc.) and patient associations.

After 2 years of work and ongoing communication with the Spanish Health Administration, we have managed to get TA removed from the list of pseudotherapies, although the damage caused to the prestige of our professionals and the confusion created among patients now needs to be taken into account and repaired. 📍

TA With Toys

by Suheyla Pinar Alper

I have been using TA in my interpersonal communication classes and workshops since 1996 with university students, teachers, women's groups, and parents in Ankara and Istanbul, Turkey. It is extremely practical for facilitating the implementation and internalization of emotional intelligence (EQ) in both professional and personal contexts. Once internalized, the TA personality model and emotional intelligence complement each other perfectly.

I have found it helpful and important when teaching EQ to use attractive physical representations when explaining TA ego states. For a

while, probably under the influence of Berne's three circles, I used three colorful balls made of soft material, attached one on top of the other, to represent the three ego states. Then, in 2011 I saw in an Istanbul toy store window cubic toys made of soft fluffy material representing different animals. I bought two sets and rushed home where I put them together into two separate groups. And there I had my TA model: the cat (Child) on the bottom, the lamb (Adult) in the middle, and the cow (Parent) on top. One set represented the client and the other represented anyone with whom the client was interacting.

The cat (Child) is naturally playful and creative but may also be conforming and/or rebellious. The lamb (Adult) is neutral and objective; the mirror on its back is the reflection of outer reality. It can plan and decide within the framework of a client's outer reality (financial, contextual, cultural, social conditions) and awareness of inner reality as well (Child and Parent ego



The spark in my clients' eyes, their facial expressions, and the speed with which they gained awareness of what was going on told me it was working perfectly.

states). The cow (Parent) represents values, learned behavior patterns, beliefs, and shoulds and musts internalized by the self over the years without questioning; it keeps replaying them regardless of time and space.

When explaining the dynamics of an interaction, I used a ruler or pen to point from one ego state or another as I emphasized a pattern and its outcomes. The spark in my clients' eyes, their facial expressions, and the speed with which they gained awareness of what was going on told me it was working perfectly. As soon as I began using the toys, the time it took to explain the model



TA toys (cow/Parent top, lamb/Adult middle, cat/Child bottom)

diminished by at least 50%. People enjoyed them, were motivated by and attracted to them, thought they were funny, understood them, and had no resistance to using them. Talking about themselves or their partners/friends, they would point to the ego state(s) involved, or I would ask them to point to the ego state(s) they thought were in action. It was a fun, practical activity for both me and my clients.

Here are three accounts from my clients, who all took photos of the toys.

“When I entered Ms. Pinar’s office, I was surprised to see two colorful sets of toys standing by her on the coffee table. Their color and sweetness made me smile and wonder why they were there. She told me that she wanted to talk to me about a personality model that she had been using. I loved the toys and the concepts they represented. On my second visit, I took a photo of them so when I was on my own they would help me to focus on my ego states.”

“I told Ms. Pinar about my contradicting needs and how I was unable to make wise decisions. She brought out this colorful toy consisting of three parts stuck together. It made so much sense to me when she explained the ego states and how I had developed the habit of skipping from one to the other and feeling totally confused. This awareness gave me such a sense of control.”

“I was a real emotional mess. I had a busy job and felt squished between the requirements of it and my own needs, which I practically never met. I had difficulty making

Suheyra Pinar Alper can be reached at suheyra.pinar@gmail.com.

decisions as one part of me pulled in one direction while the other pushed in another. I was lost, never knowing what to do. The model enabled me to perceive my needs, the outcomes, and my goals and find a balance between them. This was fantastic.”

Given the positive feedback I have received for using these toys, I searched the literature to see if a similar approach had been used before in TA, but I did not find anything. When in May 2019 I mentioned the toys to Dr. Philip Anthony, he suggested I should share this creative work with the TA community.

To sum up, the use of children’s toys representing the TA ego states has effectively supported my teaching of interpersonal communication and emotional intelligence. These toys have met my needs as an educator aiming to inspire, motivate, trigger attention, and increase perception and recall of ego state information so that the learners master the model and actively integrate it into their professional and/or personal lives. I think anyone who works with TA as a therapist, counselor, or EQ trainer can benefit from using toys that reflect the ego states because they add so much to the outcome of the connection with the client and/or group. The process becomes much more fun and crystal clear for all. I hope those who read this will



Mirror on back of the lamb, effective for reality testing

put it to use in their own work using their own toys. 📌

Welcome to New Members

DECEMBER 2020

Hanna Abanina, Ukraine
 Manon Bongers, Netherlands
 Joanna Chrzastowska, UK
 Raluca Corneanu, Romania
 Renuka Devaraj, India
 Chdel Goddard, UK
 Shalini Goel, India
 Mary Gordon-Cumming, UK
 Prudence Greenwood, UK
 Kate Ibbotson, UK
 Eric James, India
 Ivana Matovic, Serbia
 Aida Lalic Mehmedbašić,
 Bosnia & Herzegovina
 Peri O'Connor, UK
 Priyanko P. S., India
 Rachel Penny-Lanyi, UK
 Mike Pezet, UK
 Tanja Samardzic, Serbia
 Laxmi Sivaram, India
 Gia Tskhovrebadze, Georgia
 Valentyna Zakharchenko, Ukraine

ITAA Board Positions Filled

We are happy to announce the results of the nominations process for the 2021 ITAA Board of Trustees openings. Steff Oates, Alessandra Pierini, Thorsten Geck, John Oates, and Michelle Thomé will continue in their current positions; Lucy Freeman and Marguerite Sacco will join the board as regional representatives. All terms will run 2021-2023. Because there was no more than one nominee for each open position, there will be no election this year.

Steff Oates, Vice President Research & Innovation

Over the past term as Vice President Research & Innovation, I have enjoyed working with an energetic board of trustees as well as with *TAJ* and *Script* Managing Editor Robin Fryer, the team of *TAJ* co-editors, *Script* Editor Laurie Hawkes, and the chairs of the ITAA Research Award Committee and the Eric Berne Memorial Award Committee. I have also been proud to chair a committee that holds regular meetings with BOT representatives and our portfolio manager at Routledge. These have manifested a number of exciting projects over the past 3 years, including a virtual special issue celebrating 50 years of the *TAJ* available for a limited time to people



who were not members of the ITAA, one article from each issue of the *TAJ* now distributed free for 3 months, and the article(s) that were cited as part of the latest Eric Berne Memorial Award available online for free for the year. These are promoted in a newly established *TAJ* Twitter account. I have also been pleased to be involved in the website development committee primarily working on the content of the exciting new website as well as to be part of the thriving joint ITAA-EATA webinar committee. I am thrilled with the way that the ITAA is becoming a more vibrant, up-to-date international organization reaching above and beyond while maintaining the important foundations and attitudes of social justice. I look forward to serving a second term to provide continuity to the progress we have made.

Thorsten Geck, Vice President Professional Standards

I became a TSTA (organizational) in 2012 and since then have been offering TA training around the world. What fascinates me the most is the variety in how TA can be thought about and applied in the cultural context of practitioners and TA trainees. We all come together in



our desire to establish a professional identity as transactional analysts, which is tied directly to the training and certification standards and their worldwide mutual recognition. Two aspects seem vital to me for an ongoing lively TA community. First, how do we develop quality standards that are up to date with contemporary understandings of professional competencies, identity, and expertise? This is where I want to continue the work the PSC and IBOC have already done in the last year to include those who cannot afford or are not allowed to travel to the learning or exam sites. Second, how do we maintain worldwide recognized standards of training and examination in a world in which the personal encounter—which is so essential for TA professionals—is impacted and limited by the pandemic and ecological challenges? I want to encourage a discussion by the membership and PSC/IBOC on what it means to be a transactional analyst in the coming decade. Where will we be in a world where all lives and ecology matter?

Alessandra Pierini, Vice President Operations

I am a psychologist, psychotherapist, a TSTA (psychotherapy), director of a TA institute in Rome, cofounder of



“Physis” (Centre for Psychology and Psychotherapy), and the editor of an Italian TA journal. I believe in the usefulness and power of associations for their members and so since I was CTA, I served in my national TA association and then in EATA. Because the ITAA has greatly contributed to my professional growth, I wanted to offer my energy, passion, and competence and so I ran for as the ITAA Europe regional representative and served 2016-2020. It was a privilege and pleasure to fill that role and serve the European membership. I gained and learned from the experience. Beginning in July 2020, I took over the role of ITAA Vice President Operations when Chitra Ravi became president-elect. I am honored to continue in this role and to work on the tasks I am already dealing with. I know how demanding and full of responsibilities this role is, and I know I can rely on all the trustees for support in fulfilling these duties to the best of my abilities.

John Oates, Treasurer

I am happy to serve as ITAA Treasurer for a second term. In my original nomination, I said that I wished to see ITAA’s systems run slickly and for the executive and board of trustees to have appropriate information to inform their decisions as the ITAA develops. We are on target for this despite the challenges we have faced in this year of the global pandemic. There were also opportunities. The profit from the Berlin, Kochi, and Raleigh conferences plus some general housekeeping at the ITAA office set us on the path to



having a more sustainable financial situation. Although the conferences due to be held in Birmingham, UK, and Daegu, Korea, were not able to run due to COVID restrictions, this gave us the time and opportunity to review contracts for future conferences. Until late 2019, I had been working alongside Ken Fogleman to put appropriate and more up-to-date financial systems in place. Sadly, Ken’s failing health and subsequent death meant that we could not complete this task. At the same time, we were extraordinarily fortunate to recruit Susan Lockwood, who was able to work alongside Ken (before he retired) and me to set up the systems that I had envisioned. For the immediate future, I want to continue my work with others on the executive committee and the board of trustees whenever ITAA finances are involved. We are now close to ITAA being in a much better financial position with solid systems in place, and I look forward to completing this task.

Lucy Freedman, North America Regional Representative

I look forward to serving on the ITAA Board of Trustees as the representative of my region because of my lifelong commitment to TA and its potential for helping humanity live in peace and cooperation. The well-being and natural state of each person, known as OKness, must be nurtured to create a society to which we want to belong. The ITAA links people with similar beliefs across the world, adding to a powerful wave of change. I am eager to



combine my personal contribution with those of others involved in the positive application of TA. Since my first steps into TA in 1972—serving on committees, on the board, on the World Integration Committee, then the Long-Range Planning Task Force, and as ITAA President—I have upheld the importance of an inclusive TA community. As chair of the 2014 San Francisco World Conference and cochair of the 2019 Raleigh Conference, I am impressed with the caliber of people leading the ITAA and look forward to working with them again. Having served continuously on the USATA Council for the past 17 years, I have a good idea of what is happening in the North American region. When I was asked to consider running for this position, vacated due to term limits, I felt excited about ITAA’s future on the planet and in the virtual world. As your North America representative, I will nurture both organizational health and fresh and creative initiatives.

Maguerite Sacco, Regional Representative, Africa and Middle Eastern Region

I am looking forward to serving in this role because I want to contribute to and become more involved in the inner workings of the ITAA. This position affords me the chance to represent Africa, where I live and where TA is small but precious and needs representation and as much support and as many opportunities as possible to grow its strength and numbers. As far as the Middle East goes, this is a great chance for me to make contact with transaction-



al analysts and to find out more about TA activities in that part of the world, ensuring that they too, are represented in the ITAA. I have been a Certified Transactional Analyst in the organizational field since 2010 and am planning to complete the TEW in 2021. After that I will sign a contract and work toward becoming a TSTA. On this journey I look forward to meeting transactional analysts from around the globe and to becoming involved in the development of the ITAA.

Michelle Thomé, Latin America Region

I am from Brazil, and since 2019 I have been the Latin America representative on the ITAA Board of Trustees. I have enjoyed the exposure and learning that I have gained and am glad to serve the international community in that role for a second term. Currently, I am on the ethics and conference committees. Both roles are satisfying, and although they involve commitment and time, I can draw on many resources to help me carry out my responsibilities. In the past 2 years, I have also participated in the production of books in Portuguese using authorized *TAJ* articles. The current BOT team is committed to moving



the ITAA out of any unhealthy patterns. There is a lot of work going on behind the scenes, and I am proud to see my colleagues paving the way for a paradigm change that has integrity with regard to the past, present, and future. I am passionate about disseminating TA principles and philosophy to my family, friends, clients, and colleagues. Being part of the board expands

this action for the TA community. I also want to continue encouraging colleagues from my region to participate in international meetings. I know Latin Americans can contribute to shaping TA theory and practice. As a global community of TA professionals, we can continue to share our mutual interest in maintaining TA in order to serve our clients with ethics in the best possible ways.

Access Emails From Routledge/ Taylor & Francis

You may have received one or more emails from Routledge/Taylor & Francis over the past several weeks about your access to the *Transactional Analysis Journal* online. In the first of those, some people were alerted that their access would end in February 2021 when, in fact, it will actually end on the anniversary of their membership renewal.

The discrepancy occurred because ITAA membership is based on the date of joining/renewal, whenever that occurs throughout the year, whereas Routledge/Taylor & Francis run on a calendar year.

Please be assured that we and they are aware of this difference and make sure that Routledge/Taylor & Francis have an updated membership list as each new calendar year begins. Given that their offices are closed over the holidays, they build in a grace period for ITAA members so that no one will lose access while Routledge/Taylor & Francis process the new membership list they receive from the ITAA.

You may also have received an email about your access to the *Journal of Progressive Human Services*. This is a second journal published by Routledge/Taylor & Francis that has been made available to ITAA members as part of our contract with them. We hope you will enjoy reading it and would be glad to hear what you think.

2020 Bound TAJ On Its Way Soon

To ITAA members who are due to receive the bound volume of the four *TAJ* issues for 2020, we understand it will be mailed out in early February. This hard copy celebrating our 50 years of publication (1971-2020) is a bit later than usual, but it will arrive chock full of wonderful articles reflecting the breadth and depth of transactional analysis today. Readers will note that there are a number of blank pages in the October issue that represent an article that had to be withdrawn. We worked hard with both the author and Routledge/Taylor & Francis to avoid this, but because of legal processes and publication rules it was not possible. Just be assured that nothing is actually missing that should be there. We hope you will enjoy the 2020 bound volume and will join us in celebrating our 50 years of providing important TA literature.

New phone number and postal address for ITAA and IBOC:

1+510-488-9950

1901 Olympic Blvd., Suite 200,
Walnut Creek, CA 94596, USA